



Too Blessed to Be Stressed Cookbook

Debora M. Coty

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Too Blessed to Be Stressed Cookbook Debora M. Coty

Feeling overwhelmed by life's daily demands? Could you use some encouragement and inspiration in the kitchen? The *Too Blessed to Be Stressed Cookbook* to the rescue! Each of the 100-plus recipes can be prepared in 20 minutes or less, plus you'll encounter some fabulous tips and suggestions as well as funny foodie quotes, scripture selections, humorous stories of cooking misadventures, and more, along the way. Recipes are arranged into 4 categories--Heart-Healthy, Soul-Fed, Time-Wise, and Company-Happy--and are accompanied by appealing full-color photographs. You'll cheer as you soak up the joy Debora M. Coty brings into your life and home!

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