



# **Quality Healthcare for Smart Consumers: Strategies to save your money, time, and health**

*Rita A Rooney*

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Historic changes are occurring in the American Healthcare system that favor a consumer driven system. A prevention based model of care emphasizing health and wellness has replaced our disease based medical model. The old fee-for-service business model that spurned bad care, expensive care, and unwanted care will yield to value based pricing that is transparent and accountable. Financial transparency coupled with open health records and technological innovation will transform our healthcare system. Smart consumers will demand safe, quality care that is affordable and accessible in their communities. They will comparison shop with performance metrics and seek evidenced based "root cause" treatments that are effective. Find out how you can take charge of your health and health risks, personalize your healthcare services, receive safe and quality care, and save time, money and your health. Join the healthcare revolution!

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