

# The Other Side of Midnight: A mother relates her bipolar daughter's struggles for normalcy after diagnosis.

Sherry Lane

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The history of bipolar disorder is perhaps one of the oldest known illnesses with some research recorded as far back as the second century. Today, over 5.7 million people in the U.S. alone have been diagnosed as Bipolar. Despair, hopelessness, and thoughts of suicide are companions of this malady. Life becomes a black hole... an abyss. The Other Side of Midnight is a mother's story of how her adult daughter fought to regain normalcy after years of struggling with an unknown illness to ultimately being diagnosed with bipolar disorder.



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