



Sane Enough: Recovery from a Mother's Sexual Abuse

Linda A. Day

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"A challenging, insightful, and rare work... Day's writing is self-aware, her prose elegant, and her familiarity with the nuances of the subject apparent... Moments will sear their way into your consciousness." -Foreword Reviews, 5 stars

"Linda Day tells her story with candor and pulls no punches. *Sane Enough* is a testament... a memoir that should be required reading." -Linda Sexton, author of *Searching for Mercy Street: My Journey Back To My Mother*, Anne Sexton

"Insightful and pithy, *Sane Enough* brings you into a hidden world... Important for survivors and anyone who cares about children." -Dr. Michele Elliott, Order of the British Empire, Winston Churchill Fellow

"Linda opens our minds and hearts in this beautifully written memoir... emotionally riveting truth." -Roberta Dolan, author of *Say It Out Loud: Revealing and Healing the Scars of Sexual Abuse*

"A wonderful book, beautifully written and very moving." -Sheri Oz, author of *Overcoming Childhood Sexual Trauma*

"Searing, inspiring, courageous, illuminating..." -Dr. Caitilin Stetson, psychologist

Sane Enough chronicles Linda Day's quest to uncover and understand her sexual confusion as she confronts traumatic divorce, repressed memories, and unexpected encounters with childhood selves. With questionable help from a disbelieving therapist, she stares down disaster and finds hilarity where there's not much to celebrate. Day's professional life has included biomedical research, IBM systems engineering, sales and management, freelance carpentry, and 25 years as an award-winning writer.

Michele Elliott, OBE, who wrote the forward, pioneered investigation of female pedophilia in her book *Female Sexual Abuse of Children*. Recognized by Queen Elizabeth II for her services to children, Elliott is the founder of Kidscape (a UK Charity of the Year) and has written 27 books translated into 16 languages.

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From reader reviews:

Margherita Pettit:

Do you have favorite book? If you have, what is your favorite's book? Book is very important thing for us to learn everything in the world. Each book has different aim as well as goal; it means that guide has different type. Some people truly feel enjoy to spend their the perfect time to read a book. These are reading whatever they acquire because their hobby is definitely reading a book. What about the person who don't like studying a book? Sometime, particular person feel need book whenever they found difficult problem or exercise. Well, probably you will require this Sane Enough: Recovery from a Mother's Sexual Abuse.

Brandon Adams:

As people who live in the particular modest era should be upgrade about what going on or info even knowledge to make all of them keep up with the era which is always change and move ahead. Some of you maybe will probably update themselves by reading through books. It is a good choice for you but the problems coming to a person is you don't know what one you should start with. This Sane Enough: Recovery from a Mother's Sexual Abuse is our recommendation to make you keep up with the world. Why, because this book serves what you want and need in this era.

Alberta Jones:

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Mathew Jones:

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