



Allergy Friendly Comfort Food: 40 Delicious Recipes Made Without Gluten, Dairy, Eggs, or Soy

Kelly Roenicke

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Allergy friendly cooking and baking does not have to be bland or boring! Now you can make your family's favorite recipes without using gluten, dairy, eggs, or soy. This book includes recipes for comforting food like macaroni and cheese, turkey shepherd's pie, and chicken tenders with sweet potato fries. If you need a sweet fix, try homemade oreo cookies, classic peanut butter cookies, or blackberry crisp. These are recipes that I make for my family - recipes that we know and love. I hope that you will enjoy these recipes, too, and find some new ways to make allergy friendly cooking fun and delicious!

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