



## F M\*

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FM\* is an extraordinary document of artist and teacher Lisa Adams' transformative approach to developing the contemporary painter. Replete with high-quality reproductions of paintings and drawings by Adams' students, now emerging Los Angeles artists, this accessible hook is one of the first to introduce meaningful philosophical and perceptual concepts in painting to painters of all levels, allowing even the novice artist the opportunity to create deeply personal, moving works of art by following the assignments. Readers will also note the lasting and inspiring rapport between a respected instructor and her students.

The art market is booming in Los Angeles and New York. Not since the early eighties has interest in art and art-making been this significant. People of all walks of life are entering art school programs in droves. In short, people want to know about and to make art. FM\* stands miles apart from all the "how-to" books on painting and drawing that crowd the shelves in art stores and book stores as its thoughtful exercises allow the artist to bypass dreary technical repetitions to make wholly unique work by tapping into uncharted psychological territory.

FM\* is already available in Los Angeles museums and independent bookstores, including the Getty Museum, Museum of Contemporary Art (MOCA), UCLA at the Armand Hammer Museum and Culture Center, the Midnight Special Book Store, and Patricia Correia gallery at the Bergamont Arts Complex in Santa Monica where Adams had her recent one-person show.

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