



# **THE BASICS, Second Edition: A Curriculum for Co-Occurring Psychiatric and Substance Disorders (Two Volume Set)**

*Rhonda McKillip*

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Is integrated treatment a priority? A requirement? Do you attend lots of training? Buy lots of books? Yet find it a challenge to know exactly what to say to a psychiatric consumer with an addictive disorder or an addiction client with a psychiatric disorder? THE BASICS, SECOND EDITION is the complete solution with detailed lesson content and handouts for groups, topics and information for individual sessions, and comprehensive cross training education for mental health and chemical dependency professionals. Integrating your treatment program, providing dual diagnoses educational material, and cross-training your staff doesn't get any easier than this! THE BASICS eliminates gaps. When a publication focuses first on training the professional, the professional must transfer the knowledge into a useful format and into conversational language. THE BASICS is the treatment by first providing ready to present material. A professional is then simultaneously cross-trained on psychiatric and substance disorders by learning literally how to provide treatment to the dually diagnosed population. With over 1,600 references, THE BASICS is a Consensus-Based Best Practice. It is specifically designed to match the evidence based best practices consistent with the CCISC Model (Minkoff & Cline), Stages of Change Model (Prochaska & DiClemente), and Motivational Interviewing (Miller & Rollnick). Treatment participants benefit by consistent psychoeducation in groups, in 1:1's, and throughout a system of care. Group participants benefit by practicing skills with the use of reproducible Worksheets. Professionals benefit by a detailed curriculum written in a "conversational style." Administration and staff benefit by drastically reducing hours devoted to program development. Direct service providers benefit by a continuity of material for group and 1x1's. "I am delighted to be able to recommend The Basics, Second Edition." Kenneth Minkoff, MD. (Foreword)

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