



Strategies for Protecting Your Child's Immune System: Tools for Parents and Parents-To-Be

Rodney R Dietert

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Strategies for Protecting Your Child's Immune System is the first book to focus on prevention of environmental damage to the immune system of embryos, babies and older children. It provides expecting and existing parents, their families and physicians with science-based information to protect and proactively manage their child's immune system. Environmental exposures (pollutants, allergens, drugs, diet, physical factors) in the home, school and community can damage the developing immune system and increase the risk of lifelong chronic diseases such as allergies, asthma, type 1 diabetes, celiac disease and neurological problems. This book imparts specific tools to parents and their physicians to help keep the early-life immune system out of harm's way and minimize environmental health risk.

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William Powell:

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