



Body Language for Business: Tips, Tricks, and Skills for Creating Great First Impressions, Controlling Anxiety, Exuding Confidence, and Ensuring Successful Interviews, Meetings, and Relationships

Max A. Eggert

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Body Language for Business will show you how to understand the intricacies of body language and how to maximize your interpersonal skills in all your relationships—in your personal life and at work. This handy guide holds successful tips for not only reading others, but also showing confidence to friends, coworkers, and your boss.

With *Body Language for Business* you'll learn:

The basics of body language
How to make a positive impact every time
Techniques for controlling anxiety
Ways to exude personal confidence
And much more!

Never again will you panic during a job interview or when asking for a raise! With the help of world renowned psychologist Max A. Eggert, you'll gain insight into how to interact with colleagues in a professional and courteous manner. This guidebook is filled with life lessons that everyone, young and old, should read and abide by.

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