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Let's Talk About Pep

Sandy Denton



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Let's Talk About Pep Sandy Denton

She's the spiciest ingredient in the legendary rap group Salt-N-Pepa, and the outspoken star of VH1's smashhit reality show. She's Sandy "Pepa" Denton -- and she's never at a loss for words. Now, in her first tell-all book, Pepa talks about sex, music, life, love, fame, and so much more....

"Most of you know me as Pep, or Pepa, the fun-loving half of Salt-N-Pepa. I am the party girl, the one who is down for whatever. But behind the laughs and the smiles is a whole lot of pain."

Funny, fearless, and full of life, Sandy "Pepa" Denton is a pop culture icon whose remarkable story is every bit as captivating and provocative as her Grammy Award-winning music. This is the real Pepa -- upfront, uncensored, unstoppable -- and these are the memoirs of a true pioneer, fighter, survivor, and inspiration to women everywhere.

For the first time, Pepa talks about:

- Her troubled childhood
- Surviving abuse
- Her first encounters with Cheryl "Salt" James
- Salt-N-Pepa's instant success
- Her failed marriages and her escape from domestic abuse
- Her "breakup" with Salt and their eventual "reunion"
- Her triumphant comeback on the VH1 reality shows *The Surreal Life*, *Fame Games*, and *The Salt-N-Pepa Show*

Filled with surprising insights, outrageous anecdotes, and celebrity cameos -- including Queen Latifah, Martin Lawrence, Janice Dickinson, Omarosa, Missy Elliott, L.L. Cool J, supermodel Caprice, Ron Jeremy, Lisa "Left Eye" Lopez, "Spinderella," and many others -- *Let's Talk About Pep* offers a fascinating glimpse behind the fame, family, failures, and successes of celebrity...and into the faithful heart of a woman who will always value the good friends she found along the way. In the words of Sandy "Pepa" Denton, "there's no walking away from that."

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