



10 Secrets to Empower Kids and Awaken the Child in You

Mark G Papadas

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"10 Secrets to Empower Kids and Awaken the Child in You" is a must-read for any parent, teacher, coach, social worker, or volunteer who interacts with kids on a regular basis. How do you finish the statement, I AM...? Over 50% of American school children finished their I AM... statement with a negative trait or characteristic. The following are actual responses from second through fifth graders before going through the I AM 4 Kids identity process: "I AM... stupid." "I AM... ugly." "I AM... fat." "I AM... unlovable." "10 Secrets to Empower Kids and Awaken the Child in You" walks kids (and adults alike) through the powerful identity building process and allows the reader to create their own empowering identity and positive belief system. In short, it helps kids become their own role models. After going through the identity process, the book details ten simple and effective secrets to empower kids and further enhance the identity they create for themselves. This is NOT a book about self-esteem and feeling good about failing. This is a book designed to let the inherent greatness, creativity, and perseverance that exists within each child to flourish and allow the child to succeed - not just now - but for the rest of their lives! A portion of the proceeds from sales of this book is donated to The I AM 4 Kids Foundation - a recognized 501c3 charity committed to integrating this important material into every public elementary school in the country over the next ten years at no cost to the schools.

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