



# **The Safety Godmothers: The ABCs of Awareness, Boundaries and Confidence for Teens**

*Ellen Snortland, Lisa Gaeta*

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## **FOR PARENTS:**

Do you avoid speaking to your kids about violence? It's not your fault; you probably don't know what to say or even how to begin. Reading **The Safety Godmothers: The ABCs of Awareness, Boundaries and Confidence** will start the conversation for you in a thorough and entertaining way.

This is a book that will change -- and possibly even save -- your life, or the life of your child. **The Safety Godmothers** -- Ellen Snortland and Lisa Gaeta -- know violence reduction and prevention from A-Z. This book is an invaluable compilation of Ellen and Lisa's personal safety techniques, practical insights and advice, based on their decades of real-world experience. Gavin de Becker, a revered authority in violence prevention worldwide and Oprah's go-to expert, shares his know-how in three featured chapters.

In addition, there are more than 20 real-life success stories, where all sorts of people overcame dangerous situations by using time-tested, reliable skills that let them set verbal and physical boundaries when their safety was compromised. The results will astound you!

## **FOR TEENS:**

Uh-oh! A creepy guy scared the wits out of you when you were out with your friends. All you could do was freeze, and hope he'd go away. You want to tell your parents about it, but you don't want to freak them out because you cherish your freedom. **The Safety Godmothers**, Ellen Snortland and Lisa Gaeta, hear you.

Your friends say, "Get over it!" "Ignore it." "You make a big deal out of everything." Nonetheless, YOU want to understand what to do next time, whether it involves bad behavior by someone you know, or from a stranger. It's bad enough if you're a girl; boys are "supposed" to know how to handle dicey situations with violent people. Who can they talk to about personal safety without being labeled a "wimp"?

From weekly indignities at school or work, to really scary situations, reading **The Safety Godmothers: The ABCs of Awareness, Boundaries and Confidence** will help you to be out and about safely. Gavin de Becker, Oprah's go-to expert, shares his know-how in three featured chapters.

While the subject matter sounds serious, the book is actually a lot of fun. Ellen and Lisa provide "How We See It" commentary that is often irreverent ... and sometimes even a little bit naughty! You've never had such a good time learning to stay safe.

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As people who live in often the modest era should be update about what going on or data even knowledge to make these individuals keep up with the era which can be always change and advance. Some of you maybe may update themselves by studying books. It is a good choice in your case but the problems coming to you actually is you don't know what kind you should start with. This The Safety Godmothers: The ABCs of Awareness, Boundaries and Confidence for Teens is our recommendation so you keep up with the world. Why, because this book serves what you want and need in this era.

#### **Melanie Ratcliff:**

Nowadays reading books be a little more than want or need but also turn into a life style. This reading addiction give you lot of advantages. Associate programs you got of course the knowledge the particular information inside the book which improve your knowledge and information. The information you get based on what kind of e-book you read, if you want send more knowledge just go with education and learning books but if you want feel happy read one with theme for entertaining such as comic or novel. Typically the The Safety Godmothers: The ABCs of Awareness, Boundaries and Confidence for Teens is kind of guide which is giving the reader erratic experience.

#### **Juan Moses:**

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#### **Jacob Hill:**

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