

Vintage 1930 - Still Here

Mrs Margot Harris

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To quote the author: "Change is the only constant in life". The life of Margot Harris should be seen as the narrative to accompany this life-affirming philosophy. Born into a Jewish family in Nazi Germany, fate propelled young Margot onto an extraordinary path that has fashioned her into the person she is today. At the age of 82, a lively Margot successfully runs her own counselling practice, in between daily swimming sessions and her adored Zumba classes. Margot has learnt to view the world with an objectivity gleaned from her formal education in psychotherapy as well as from sharing the experiences of her clients. This informed perspective The only constant in life is Change! This memoir is about one person's experience of personal change in her life and adaptation to living in a world of changing politics, war, and technology. In some ways, I think that my generation has been incredibly lucky. We have been privileged to witness so many technological changes in our lifetime, the kind we could never have imagined possible as children. The idea that one could be connected to the rest of the world whilst staying at home, even lying in bed, would have been ridiculed. On a personal level, I am delighted to have been around to master many of these marvellous inventions. This story will touch reminiscences in a whole population who have been fortunate enough to survive their own personal experiences up till now. It is also a social history for many younger people who may have heard their parents and grandparents allude to these times, but obviously each person will have had their own experience in their own settings. It takes one on a journey from Germany during the 1930s up to the present in England.



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