



# The Sociopath Next Door: by Dr. Martha Stout

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## OVERVIEW

We would all like to think that we can recognize evil when we see it. But what if evil is right next door? What if it is someone we know, someone we trust, or even someone we are obligated to obey? Teachers, doctors, politicians, spiritual leaders – any one of these people could potentially be a sociopath. In *The Sociopath Next Door*, celebrated psychologist Dr. Martha Stout asks her readers to take a good long look at the world and re-evaluate everything they know about conscience, guilt and monsters. Her goal with the book is to acquaint readers with what a sociopath is – a person incapable of feeling guilt, remorse or even love – and who they can present themselves to be – anyone. Sociopaths integrate themselves into every aspect of our lives and form relationships with us, but those relationships are nothing more than a charade. Sociopaths are not all the same. Some are more intelligent or better-looking than others. Some have lofty ambitions – wealth and power – while others content themselves with simpler goals – a life free of work or hardship. However there are certain characteristics that do unite them – a desire to win and the ability to commit any deed to achieve their goals without feeling an ounce of remorse. Dr. Stout has worked as a clinical psychologist for over 25 years, and treated many patients suffering from trauma due to their association with sociopaths. She seeks to teach her readers how to protect themselves from these human monsters. She includes a number of examples of different ways a sociopath might live their life and cause harm to others. While her examples are fictitious, they are composites of real-life people that Dr. Stout has known and treated. She also includes many examples of psychological studies and social experiments that give the reader a more in-depth look at the human psyche. This book will leave the reader armed with the knowledge and skills they need to avoid the devil next door. Available on PC, Mac, smart phone, tablet or Kindle device.  
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