

At Home, at Sea: Recipes from the Maine Windjammer J.&E. Riggin

Anne Mahle

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A simple time. A simpler life. And simply wonderful food. The recipes and stories in At Home, At Sea recreate life on a Maine Windjammer: a week in a different world, a different century, with homemade, oldworld food cooked with fire and passion. In these pages you'll find memories of the Age of Sail -- the gleam of brass, the sound of the wind in the rigging, and the delicious smells of Maine cooking -- baked breads from the woodstove, steamed lobster, hearty stews, and mouthwatering desserts -- all from the galley of the Schooner J&E Riggin. Chef Anne Mahle started as a mess cook on one of the windjammers and quickly developed a passion for cooking. She has spend the last 15 years working and learning, graduating from mess cook to head cook on the windjammers to private chef on a Caribbean yacht. She further developed her skills as sous chef to classically trained Swiss chef Hans Bucher and at The Culinary Institute of America. She currently owns and operates the J&E Riggin with her husband, Captain Jon Finger. At Home, At Sea features: * Over 150 recipes, including

- -Lobster and Sundried Tomato Fettuccini
- -Cinnamon Roasted Sweet Potatoes
- -Curried Lamb and Lentil Stew
- -Whole Wheat Walnut Bread * A Week at Sea -- An inside look at daily life on a Maine Windjammer * Color photographs by award-winning photographer Frank Chillemi * Icons indicating low-fat, low-carbohydrate, and vegetarian recipes * Focus on sustainable living, featuring local organic foods, eco-friendly cleaning supplies, and composting at sea



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Ryan Parker:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them loved ones or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity here is look different you can read a book. It is really fun for you personally. If you enjoy the book that you just read you can spent all day long to reading a book. The book At Home, at Sea: Recipes from the Maine Windjammer J.&E. Riggin it is rather good to read. There are a lot of people that recommended this book. They were enjoying reading this book. If you did not have enough space to bring this book you can buy typically the e-book. You can m0ore very easily to read this book out of your smart phone. The price is not to fund but this book provides high quality.

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