



Natural Antibiotics And Antivirals: The Complete Guide To Homemade Natural Herbal Remedies To Prevent And Cure Infections and Allergies

Russel Hobbs

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This book contains proven steps and strategies on how to choose healthy and natural remedies, which are the best antibiotics and antivirals that mother nature gave us and what are the diseases they fight against. Nature is the best doctor and natural remedies are the best example for this. Pharmaceutical antibiotics are indeed a great discovery, and since then, millions of people have been saved from dreadful illnesses, but what if we have the possibility to choose a more natural and safer method to treat our body? The natural herbs, oils, foods presented in this book did not only prove to be powerful antibiotics, but they are also safe, inexpensive, are not causing any harm to the body or creating future problems. This book wants to show, in a simple and easy to read presentation, what are the best natural antibiotics in treating different kind of diseases, from a common headache to complicated conditions. You will find how to boost your immune system, how to prevent and how to treat all kinds of viruses, fungi and bacteria. The risks and side effects of taking natural remedies for your health, compared with those provided by pharmaceutical antibiotics are minimal and in some cases almost nonexistent, but, we recommend you to consult your doctor or healing practitioner before taking any treatment.

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